ING

VARIABLE ANNUITY

ReliaStar Life Insurance Company
C/O ING Service Center
P.O. Box 5050 • Minot, ND 58702-5050
Home Office:Minneapolis, MN

VARIABLE ANNUITY PORTFOLIO ALLOCATION AND TRANSFER REQUEST

CONTRACT NUMBER

CONTRACTOWNER NAME	SOCIAL SECURITY NUMBER	CONTRACTOWNER NAME	SOCIAL SECURITY NUMBER
MAILING ADDRESS: STREET	CITY STATE ZIP		PHONE NUMBER

If any of the following are active on your account; please check all that apply:
❑ Current Payout ❑ Scheduled Re-balance or ❑ Current DCA

1. FUTURE PURCHASE PAYMENT ALLOCATION (NEW FUNDS COMING INTO ACCOUNTS)

❑ Change my future purchase payment allocation to:

AIM Variable Insurance Products Fund, Inc.
040 AIM V.I. Dent Demographic Trends Fund (ADT)* _____%

The Alger American Fund
191 Alger American Growth Portfolio (AGR) _____%
193 Alger American Leveraged AllCap Portfolio (ALA) _____%
192 Alger American MidCap Growth Portfolio (AMG) _____%
190 Alger American Small Capitalization Portfolio (ASC) _____%

Fidelity's Variable Insurance Products Funds I, II & III
083 Contrafund® Portfolio (FCF) _____%
072 Equity Income Portfolio (FEI) _____%
079 Growth Opportunities Portfolio (FGO) _____%
071 Growth Portfolio (FGP) _____%
074 Investment Grade Bond Portfolio (FIG) _____%
082 Index 500 Portfolio (FIN) _____%
081 Asset Manager: Growth® Portfolio (FMG) _____%
070 Money Market Portfolio (FMM) _____%

ING Investors Trust
029 ING Julius Baer Foreign Portfolio (IJB) _____%

ING Variable Portfolio, Inc.
043 ING VP Index Plus LargeCap Portfolio (IVIPLC) _____%
042 ING VP Index Plus MidCap Portfolio (IVIPMC) _____%
041 ING VP Index Plus SmallCap Portfolio (IVIPSC) _____%

ING Generations Portfolio, Inc.
045 ING VP Strategic Allocation Balanced Portfolio (IVSAB) _____%
046 ING VP Strategic Allocation Growth Portfolio (IVSAG) _____%
044 ING VP Strategic Allocation Income Portfolio (IVSAI) _____%

ING Partners, Inc.
047 ING American Century Small Cap Value Portfolio (IACSCV)* _____%
049 ING JP Morgan Mid Cap Value Portfolio (IJMMCV) _____%
054 ING MFS Total Return Portfolio (IMFSTR) _____%
050 ING MFS Global Growth Portfolio (IMGGP) _____%
051 ING PIMCO Total Return Portfolio (IPTR) _____%
055 ING T. Rowe Price Equity Income Portfolio (ITRPCEI) _____%
052 ING T. Rowe Price Growth Equity Portfolio (ITRPGEP) _____%
053 ING Van Kampen Comstock Portfolio (IVKC) _____%
048 ING Baron Small Cap Growth Portfolio (IVSCGP)* _____%

Janus Aspen Series
006 Mid Cap Growth Portfolio (JAG) _____%
007 Growth Portfolio (JGP) _____%
008 International Growth Portfolio (JIG) _____%
009 Worldwide Growth Portfolio (JWG) _____%

Neuberger Berman Advisors Mgmt Trust
032 Limited Maturity Bond Portfolio (NLM) _____%
031 Partners Portfolio (NPP) _____%
095 Socially Responsive Portfolio (NSR)* _____%

PIMCO Advisors VIT
017 OpCap Equity Portfolio (OEP) _____%
018 OpCap Global Equity Portfolio (OGE) _____%
015 OpCap Managed Portfolio (OMP) _____%
016 OpCap Small Cap Portfolio (OSC) _____%
019 PIMCO VIT Real Return Portfolio (PRR) _____%

ING Variable Products Trust
050 ING VP Global Science and Technology Portfolio (GST) _____%
028 ING VP Financial Services Portfolio (IFS) _____%
030 ING VP Natural Resources Trust (INR)** _____%
056 ING VP Real Estate Portfolio (IRE) _____%
023 ING VP High Yield Bond Portfolio (NHY) _____%
020 ING VP SmallCap Opportunities Portfolio (NIG) _____%
024 ING VP International Value Portfolio (NIV) _____%
021 ING VP Disciplined LargeCap Portfolio (NMS) _____%
027 ING VP MidCap Opportunities Portfolio (PMO) _____%
025 ING VP MagnaCap Portfolio (PMP) _____%

Pioneer Investment Management
002 Pioneer High Yield VCT Portfolio (PHY) _____%

Columbia Wanger Asset Management
003 Wanger U.S. Smaller Companies (WSE) _____%
004 Wanger Select (WUS) _____%

Fixed Accounts
180 Fixed Account A (FXA) _____%
181 Fixed Account B (FXB) _____%

Other:
_______________________________ _____%
_______________________________ _____%
_______________________________ _____%

Total: 100%

*** Not available for 403(b) plans issued in Texas on or after 6/1/2002**
****Fund not available in TX Advantage Century.**

Must be in whole percentages and total 100%. Changing the future payment allocation will not alter funds currently held in the funds/sub-accounts. Contract may be limited to number of funds/sub-account choices.

2. SUB-ACCOUNT TRANSFER (FUNDS CURRENTLY IN ACCOUNT)

Transfer Funds From	Percentage % (or)	Dollar Amount $	Transfer Funds To	Percentage % (or)	Dollar Amount $

2. SUB-ACCOUNT TRANSFER (FUNDS CURRENTLY IN ACCOUNT) *Continued*

See Prospectus about transfers into and out of the Fixed Accounts. Sub-Account transfers will not alter the future purchase allocation.

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OWNER SIGNATURE	DATE

CONTRACT NUMBER

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3. ENCLOSED PURCHASE PAYMENT OR TRANSFER ALLOCATION (IRA/NONQUALIFIED ONLY)

❑ I have enclosed a check for $ ____________________.

❑ I have requested a Transfer from ______________________ (TRANSFERRING CARRIER). Please deposit these funds only, according to the allocation stated below.

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____ _____%
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